

Advanced Massage Course Programme 20-23/10/2009

Learn Advanced Massage Techniques on our 4 Day workshop - for the Qualified Therapists.

Meet other Massage Therapists at Vasia Beach Hotel and Spa, where you can exchange and learn new skills relating to Massage Therapy.

The venue at Vasia Spa is situated in Sisi on the unspoilt beautiful Island of Crete.

The Advance Massage Course Syllabus:

- Evaluate, Assess and Treat both Sports and Non Sport conditions, with Massage Techniques.
- Learn how to use other parts of your body to Massage (thumb for friction and elbows etc)
- Learn how to protect your body, whilst massaging with correct posture
- Check and Assess Body Alignment and R.O.M of Joints and Muscles
- Advanced Massage Strokes
- The Therapist attending the Advanced Course will receive instruction and supervision on how to improve their Massage Skills
- Overall, you will be assessed on you Massage Strokes and Body Alignment during the workshops under the guidance of the Tutor
- Keep good records of Treatments

Therapist requirements for Advanced Massage Workshop

1. Qualification in Anatomy and Physiology
2. 500 Hours of Recorded Massage Treatments
3. The will to exchange and learn new Techniques

During the workshop you will **give** and **receive** Massage from other course participants under strict Supervision from the Tutor.

The Therapists must be covered by their own Insurance.

Workshop Fees

400euro (applications accepted until 16.10.2009)

Early booking by 31.07.09 350euro

Accommodation (optional)

19-24/10/2009 (5 nights, 6 days)

Deluxe Double Room for Single Occupancy on a HB basis:

300euro per person, per stay (60euro extra day supplement)

19-24/10/2009 (5 nights, 6 days)

Deluxe Double Room for Double Occupancy on a HB basis:

350euro per room, for 2 people (70euro extra day supplement)

Accommodation is in rooms with Half Board at the beautiful "Vasia Beach Hotel & Spa". (Bed, Breakfast and Evening Meal).

Sandwiches /drinks will be served during workshops.